# LifeCycle Swim School

LIFECYCLE SWIM SCHOOL
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## **Water Watcher Tag System**

One of the best ways to improve water safety is to have a responsible adult focused on watching kids who are at play in or near a pool, lake, ocean, or any water. Using a Water Watcher tag system helps keep track of who is responsible at any given moment for watching people in and around the water.

A Water Watcher tag should be worn by a designated, sober adult who is responsible for watching children, or anyone, in or near water. The adult must know how to swim and how to administer rescue breath CPR. The waterproof tag serves as a physical reminder to the Water Watcher of their duty to keep a close eye on people to prevent risky behavior, water-related accidents and drownings. If a person has the Water Watcher tag, they must remain present and alert until they physically hand the tag off to another person. Because the tag is an object, it requires contact, communication and understanding between the giver and recipient. This system helps avoid the miscommunications and distractions that could happen during a fun day around water. We never want to hear, "I thought *you* were watching."

### **Water Watcher Tag Instructions:**

- 1. Print out this paper and cut out the tag. X X X X
- 2. Make the tag waterproof laminate or put it in a plastic sleeve.
- 3. Add an attachment system such as a clip, lanyard, or bracelet so that the tag can be attached to a person, and easily removed to pass to another person.
- 4. Whoever is wearing the tag is responsible for watching people in and around water. Do not slack on your duties unless you have given the tag to another responsible, sober adult who knows how to swim and administer rescue breath CPR.

# I'M THE WATER WATCHER

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### WATER WATCHER PROMISE

- I will watch the children in and around the water and never leave them unattended.
- I will avoid chatting and cell phone use.
- I'll only use my phone for emergencies, and I know the address where I am.
- I will regularly scan the top, middle and bottom of the pool, and move around so I can see all parts of the pool.
- I will locate and know how to use the pool rescue equipment.
- I can administer rescue breath CPR.
- I will call 911 if necessary and follow their instructions.